



# DOMICILIARY CARE SERVICES

**Rutledge Domiciliary Care offers individuals and families support with bespoke packages of care, tailored to the individuals need including:**

- \* **Sitting Service** - Staying with a family member to allow you leave the home for work, shopping, and social contact.
- \* **Care Services** - A home visit by care worker to assist with personal care such as showering, hair washing, dressing, meal preparation, help with medications
- \* **Home Care** - laundry, ironing, cleaning.
- \* **Social Contact** - Shopping, escort to appointments, social outings or visiting.

**A FREE NO OBLIGATION INFORMATION CALL AND HOME VISIT  
CAN BE ARRANGED WITH ANN SPEAR (DOMICILIARY CARE MANAGER)  
ON 028 3751 5848 OR MOBILE 078 5669 6452.**